Perfect Pattern Weights by Sarah Ann Smith ©2020



These quick and easy gems are the Goldilocks of pattern weights: just the right size, not too big, not too little. Many similar patterns I find are for pyramids that are just too big, so I made mine $3^{"}$ on each side. Anything smaller than $2^{1/2}$ " would have too fiddly and fussy! Fabrics are from the Michael Miller Fabrics basics lines and 2020 collections.

For each pattern weight you will need:

- \square 3 1/2 x 6 1/2" rectangle of fabric
- □ 2 ¹/₂ 3" ribbon (or yarn or stitched-closed bias tape)
- \square ¹/₄ cup rice or other filling that has some weight to it
- Piece of scrap paper to use as a funnel
- Needle, pins and thread
- Optional: sewing machine (in my case, not optional at all!)
- □ Wonder Clips by Clover or similar
- □ Optional: point turner-my favorite is the Clover 7803

Instructions:

Place the folded ribbon on the middle of one of the short sides of the rectangle and pin in place (*Photo 1 below*). It is possible to omit the ribbon, but I find I really like the little "handle" for lifting the pattern weight.

Fold the rectangle right sides together into a square shape (below left).



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Fingerpress a crease on the fabric's fold at the end of the third side. Optional: mark with pin. Photo 2.



Photo 1: Folded ribbon on short side



Photo 2:

Mark fold



Align seam with pin/crease with fold/pin



Photo 4: Turn, press seam allowance inside



Photo 5: Fill with rice

Open the fabric to create a pyramid shape. Match the seam with crease/pin. Photo 3.

Either machine sew the outside edges or leave it open to hand sew that entire side. It's best to leave about 2" open to make getting the rice inside easier.

Turn pyramid right side out. A point turner helps! Press 1/4" seam allowance to the inside. Photo 4.

Made a "wide-mouth" funnel by rolling a piece of scrap paper into a cone shape; tape so it doesn't unroll. The narrow end should fit inside the open side of the pyramid fairly easily but still be large enough for the rice to slide through without a fuss.

I found it easiest to fill my $\frac{1}{4}$ cup measure with rice first, then insert the paper funnel. (Tip: a 2-pound bag of rice filled 16 pyramids.) Pour ¼ cup rice into funnel. When filling, if I held the pyramid just above the table, I spilled less rice when I was ready ease the paper funnel out of the pyramid. Use Wonder Clips or pins to hold shut. Photo 5.

Hand sew closed. In the top photo you can see one in solid aqua (Cotton Couture by Michael Miller Fabrics, Luna) that I machine sewed shut. I decided hand-sewn looked nicer!



Use with joy and remember the fun project you made with each pyramid's fabric!



The fabric above is from Michael Miller Fabrics Hash Dots basics collection, and several MMF 2020 collections including Space Aliens, Batiks, Kitschy Cocktails, and Lost in Paradise.

The fabric at left is from the Michael Miller Fabrics Marbles basics collection and the solid is the MMF Cotton Couture in Luna.

Happy Sewing! Cheers, Sarah

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